



**Friday, February 8 of 2019**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, PAYSANDÚ, URUGUAY, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Go and walk the paths that God traced for your heart. Strengthen your spirit through prayer, transmute and transform your being through service and sacrifice. Overcome the comforts that imprison humanity and look for the sense of your existence within the infinite.

Do not surrender your heart, your body and your spirit to human superficialities. Do not let your thoughts wander into the abysses as if you could never fall in their depths. Let your mind rise.

Love the experience of transformation. Let your heart consecrate and re-consecrate every day.

Find your strength in the altitudes of Cavalry, as in the depths of the Infinite; there will be the Heart of God.

Wake up, child, every day in a different way: willing to give your human condition an opportunity to go deeper into the Truth and not to submerge within illusion.

Free yourself from fears, in prayer. Free yourself from vices, surrendering your heart to God. Free yourself of the abysses, letting your spirit conduct you to the path of evolution that God calls you to live.

Let the world scream the "sound of perdition" and let your soul only listen to the celestial melodies.

Do not let the temptations shake you, but rather the fear of being far from God.

Pray and meditate on what I tell you, so that your heart may always find peace.

Your Father and Friend,

The Most Chaste Saint Joseph