



**Tuesday, February 12 of 2019**

**DAILY MESSAGE RECEIVED ON FEBRUARY 12, 2019, IN THE MARIAN CENTER OF AURORA, PAYSANDÚ, URUGUAY, TRANSMITTED BY SAINT JOSEPH TO THE VISIONARY SISTER LUCÍA DE JESUS**

Learn today to calm your mind and your heart through prayer, singing and silence which, together with the exercise of breathing with awarenesses, lead you to the state of peace in which you must be.

Learn to be meek before the times that present themselves so that thus, your mind can unite to the heart and together may attract wisdom and divine discernment.

May you be able to stand before all trials in calm and in peace, inside and outside of yourself, and even when hearing, with your inner ears, the trumpets of Divine Justice, may your heart know how to perceive that a Grace is approaching and that the New Time is closer to being a reality.

Always place your heart in the Grace and in the Purpose of God so that you may always find faith and hope in everything. These are not easy times that are approaching the Earth, but there must not be hopelessness in your heart because of this.

Fill your inner world with faith, consolidate in your heart the strength of knowing yourself as part of a Greater Will. And do not be afraid. Let your spirit learn to seek peace and send this peace to your most human bodies.

For this, child, you must create a bond with your higher self, and this is done with intention and with sincere prayer, which will allow you to enter into an elevated state.

Now prepare your consciousness for what is to come, and this is not just externally. Prepare your inner world, your heart and your mind, because that moment is unknown and it will also awaken unknown reactions in you which can destabilize you if you do not learn to be in peace now.

Pray and strengthen your heart.

Pray and unite with your spirit.

Pray and find the path to the Heart of God, this way you will be ready to endure all things.

Your Father and Friend,

The Most Chaste Saint Joseph