



**Friday, February 22 of 2019**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

When your heart hurts and is filled with anguish, go to the foot of the Cross, touch with your hands the Feet of Your Lord, and remain there.

Put your hands on the Hands of Christ and begin to feel His Wounds. Close your eyes, allow the living memory of His Passion to be shown to you, and remain there.

Let your silence lead you to the Heart of Your Lord and may your prayer, silenced, become an offering of reparation.

You will feel, in your chest, pain greater than yours. This is the pain of Christ, a drop of the infinite ocean that He assumed in order to save you. Learn thus, child, to convert your burden into prayer, your petition into an offering and your silence into a balm that welcomes the Heart of Your Lord.

Your anguish will become small before the anguish of Christ for the world. Your sorrow will disappear inside of His sorrow for souls.

Allow your tears to become a bridge to rescue those who are lost. Offer your silence for those who do not know how to listen to God. If you are not able to pray, let your prayer be the act of holding the hands of Christ and, at a given moment, you will perceive that your hands, which had come to ask, will be there to support, and your pain will transform into an offering. Seeking healing, you will repair the Heart of God.

Your tears will unite in the ocean of His Grace and, even though you thought that you were here to ask, you will be serving this world.

On this day of reparation, learn to make, of everything in your life, an opportunity to repair the Heart of God and relieve the suffering of the souls of this world.

You have My Blessing for this.

Your Father and Friend,

The Most Chaste Saint Joseph