



**Saturday, February 29 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Rise, My child, beyond appearances, feelings, thoughts and sensations.

Rise to where your consciousness can express truth and peace, unity with the Creator and with life.

Rise up, in silence and in prayer, to the subtle worlds, that are not necessarily above you or below you, but so that you yourself may be the doorway to enter into the Sacred Chambers.

To rise is not to climb up into the Heavens, but rather to shift in vibration, in dimension, in thought and in feeling, placing your consciousness in the Truth and in the Time of God rather than in the illusion of the time of humankind.

To rise is to be able to feel one with the Creator Himself, to be aware of His Presence in oneself and in all things and, through Him, to be able to contemplate the wonder of the evolutionary life that inhabits the planet and beyond it.

To rise is simply to be in what is real, child. And, in order to do that which I tell you, it is enough that you try to do it, again and again, and that you feel the imperative need to have your consciousness in the correct place.

Sometimes, to leap into what is real, human beings need first to be in the deepest abysses of despair of the illusion so that they may then feel the urgent need of being in the correct place, in the Love of God and in His Grace, in what is, in the end, real.

But this, child, should not always happen. On your own you can already perceive how necessary it is to have your consciousness focused on Love, on Wisdom and on Divine Truth.

For this reason, do not seek suffering. Seek striving, seek rendition, seek crying out, seek silence, seek service, seek humility, seek prayer and all these things will lead you to the Truth of God. They will, in the end, allow your consciousness to rise.

You have My blessing for this.

The Most Chaste Saint Joseph