



**Wednesday, July 31 of 2019**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, PAYSANDÚ, URUGUAY, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

To heal is to attract, from the depths of beings, the Divine Laws and Principles that manifested life at the beginning of all things; it is to make the being find, within its own cells and consciousness, the original Thought of God for its life and for life itself; it is to attract from the Heart of the Father and from that which is hidden of beings all that is most perfect that their bodies, minds, souls and hearts must express.

To heal is to return to the Celestial Origin.

To heal is to allow the being to discover the truth about itself.

Illnesses hide the perfection of the cells, mind, soul and heart, but this perfection does not cease to exist because of that. To heal is to go beyond what is damaged and bring back to light that which is perfect.

The planet needs healing. Souls need healing. Cells need healing. Life needs healing.

Pray and see the truth emerge within yourselves and in the world. Be healers, in essence, of yourselves and of life. Seek the Origin and create the conditions so that others may find it.

One day, children, the Lord told you: "The Truth will set you free". And today I say to you: "The Truth will heal you".

Your Father and Friend,

The Most Chaste Saint Joseph