



**Friday, December 13 of 2013**

**MESSAGE FOR THE APPARITION IN THE CITY OF CURITIBA, PARANÁ, BRAZIL, TRANSMITTED BY MARY, QUEEN OF PEACE TO THE VISIONARY FRIAR ELÍAS**

Dear children:

On this special day, I open again My arms to pour over the world the Mercy of God. My Immaculate Heart on this day descends in Glory and in Spirit over Curitiba contributing, to speed up your maturity, these twelve steps to reach humility:

First, to see the need of the other before your own.

Second, to recognize that without God nothing can be done.

Third, to have a pure heart, to be able to have a pure mind  
and as a consequence pure feeling.

Fourth, to know that without Christ the paths will remain inconclusive.

Fifth, to consider as vital, permanent and devout prayer.

Sixth, to learn to be humble through the teachings of the Gospel of Christ.

Seventh, to be an instrument of good and charity for all.

Eighth, to recognize oneself as an apostle and server of Christ.

Ninth, to renew oneself every day through kind gestures of love  
and fraternity among others.

Tenth, to live every day the Passion of Christ as an act and a sacrifice of love.

Eleventh, to live fully the unity with God.

Twelfth, to empty oneself of oneself to be able to be filled by the Holy Spirit.

If these twelve simple steps are experimented with by the good hearts, the Lord will help you and will show you how important it is to accept and to live the humility of the heart. A humble heart listens, does not judge or question, is open to receive instruction from Heaven, and then it prays and meditates in its interior with gratitude and joy.

My children, the world has lost humility, for this God comes again to encounter you by means of My Maternal Heart. Let us pray so that the holy humility, that which will permit that you recognize each other as dignified children of God, may be gestated as a new seed in your hearts.



As Mother and Guardian of all the hearts, today I am here to transmit to you My Sacred Humility.

If in truth the entire world prayed from the heart and realized at least a little act of charity and good, it would find the path to humility; but the enemy has managed to remove from the good hearts the Most Sacred Flame of Humility, by means of the temptations and the desires for the modern and advanced things.

Dear children, in prayer day and night, I cry out to My Most Beloved Son so that the few that today are humble before the eyes of God may not lose the light in the path. As Mother and Defender of the souls of My Father, I come to the world for the last time to pour the gift of humility over those hearts that in truth are opened to stop living for themselves and, as of this new time, to start living in holy humility.

The path of humility is for the courageous and in truth I only find it among the most simple souls.

Consecrate yourselves every day to the Sacred Family, so that the three Sacred Hearts of Jesus, Mary and Joseph may reflect, as celestial mirrors, the gifts of humility and of the new life over the Earth.

Remember, dear children, the proclamation that God once sent to MY Sacred Heart saying:

**"My Soul glorifies the Lord,  
My Spirit rejoices in God My Savior,  
because he has looked at His poor Servant.  
For this from now on,  
I will be proclaimed Blessed by all the generations,  
because in Me the One who is powerful  
and whose name is holy has realized wonders.  
His Mercy is extended from generation to generation  
over those who fear Him.  
He has manifested the power of His arm:  
He has overthrown the proud hearts.  
He has overturned from the throne the powerful and glorified the humble.  
He filled the destitute with goods  
and left the rich with empty hands.**



**He embraced Israel, His Servant,  
reminding him of His Mercy,  
according to the promise of our forefathers,  
on behalf of Abraham and his posterity forever".**

Guard in your hearts this celestial motto and ask God for holy humility.

I thank you for answering in humility to My call!

I love you, I bless you and I heal you,

Mary, Queen of Peace of the Holy Humility