



**Sunday, March 1 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Starting now, child, prepare your heart, not only to re-live the Passion of your Lord, but also to receive from Him the last and most important impulses, which will prepare your consciousness and your spirit for the time that will come.

In the same way that, in Jesus, God built the strength that allowed Him to carry the Cross of the redemption of the world, now He sends His Son to strengthen and to shape the spirits that committed to Him in the renewal of His Love and in the revelation of the deepest mysteries of His Universal Gospel.

For this reason, be aware of where you are and for what you were called for, and allow your soul to deepen into the mystery of your existence through prayer and gratitude, through the daily effort to be ready, to be before Christ.

May this Lent have for you a new and definitive meaning of truly having your heart ready, as the Heart of Christ, to bear the weight of the cross of these times and to renew His Love.

Experience the cycles with attention and humility, simple, yet vigilant at heart. Everything in your life has a spiritual meaning; human evolution is a great and constant ceremony of opening paths toward God. Participate in this ceremony with your heart.

You have My blessing for this.

The Most Chaste Saint Joseph