



## **Friday, March 1 of 2024**

**SEVENTEENTH CHRISTIC IMPULSE FOR LENT, TRANSMITTED AT THE LIGHT-NUCLEUS IMMACULATE HOUSE OF THE RELIEF OF SUFFERING, SÃO CARLOS, SÃO PAULO, BRAZIL, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS**

### **Forty days with Jesus along the Lent path**

"Detach yourself from all that you believe you control or that you believe you own; you know that nothing belongs to you and that everything you have can be taken away from you, just as everything was given to you. Revere the Law within you, for the Law will guide you on the path of righteousness and peace. Walk barefoot in this desert in which you have entered. Self-empty yourself, so that in humility you may contemplate the immensity of God's Grace and His Infinite Mercy. Learn to be nothing. I wish you to be an instrument of My Peace."

Christ Jesus