



Sunday, May 31 of 2020

DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS

XXII - Concerning Prayer

A devout soul that was always willing to give more of itself to God, while they prayed, questioned the Lord, saying: "Lord, I lift up my voice to the Heavens and pray for the souls that suffer, for the Kingdoms of Nature, for the planet, for Your Plan. What more must I do for this prayer to truly reach You and generate merits for the salvation and the redemption of the world?"

And the Lord responded: "While you pray, speak with Me, pronounce each word not only to hear your own voice and feel that you are fulfilling your part. Pray, allowing your essence to look into My Eyes, allowing your heart to be within Mine and your words to be an echo throughout the infinite, throughout Creation.

To pray in this way, beloved child, soul of Mine, you need to be whole before Me, without caring about time, tiredness, the sensations of the body or about those who are around you, whether or not they strive as you do or whether they sleep and become distracted in their words. May nothing matter to you but My Presence and the imperious need the world has for sincere and real prayers.

When you sing, may your ears not care about the sound of your voice, may your mind not care about who is listening to you, but rather may your heart care to attune your voice and be before Me, singing with perfection for the One Who is the Owner of all sound, the Creator of each note, of each tone, capable of transforming your vibration into gifts that expand through Life, transforming lives. This, little soul, is how your prayer must be."

May this dialogue teach you, children, to deepen each day into your prayers. May they be sincere and reach God.

You have My blessing for this.

The Most Chaste Saint Joseph