

**Thursday, March 21, 2024**

**THIRTY-SEVENTH CHRISTIC IMPULSE FOR LENT, TRANSMITTED AT THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY FRIAR ELIAS DEL SAGRADO CORAZÓN DE JESÚS**

**Forty days with Jesus along the Lent path**

"In each fall, a learning.

In each learning, an opportunity of transcendence.

In each transcendence, a Grace of liberation.

In each liberation, an opportunity to die to oneself.

In each moment of spiritual death, a door that opens to the expansion of consciousness.

But you must know well that, while you are in this world, you will live with afflictions. However, the afflictions might make you grow and mature, or the same afflictions might make you sink into interminable victimism.

Therefore, be intelligent and do not deceive yourself. From each life experience, allow yourself to take each moment as an impulse of ascension, as the stairway of Light that is placed before you so that you may ascend step by step.

The universe will always show you its signs."

Christ Jesus