



Prayer to Go Through Your Own Transformation

On [December 15, 2023](#), Saint Joseph said:

Dispel fears by looking at yourselves with clarity, because the truth, children, only shows itself to those who allow themselves to clearly see themselves.

Do not be afraid of losing yourselves, do not be afraid of losing control over life, because blessed will be the humble and those who humble themselves, first in light of their own consciousness, finding the freedom that comes from seeing oneself clearly and being capable of consciously working on one's own transformation. (...)

Those who listen to the Words which come from Heaven, from the center of the Heart of God through His Messengers must be the first to turn their eyes to their own heart and say:

Show me, Lord, what I need to see.
Allow me to find what distances me from You,
so my consciousness may dispel the interferences
and embrace with simplicity the Grace
and the freedom of the transformation.

Amen.