

## Prayer to the Father so that He May Be in Us

On [January 19, 2023](#), Saint Joseph said:

*"This is why I come to warn you today that it is time to awaken. It is time to embrace infinity, delve into a knowledge that up to today has been hidden and that We have come to reveal to you by Divine Will.*

*This final year, which is the preparation for the withdrawal of the Divine Messengers, will be the last opportunity to awaken the human consciousness, so that the veils may be torn without suffering. This is why We so many times ask you to open up to Spiritual Instruction, to allow it to transform your consciousnesses and your human condition. Allow yourselves to experience Divine Love, which overflows within the beings that do not make it harder for themselves.*

*No longer say 'I cannot,' 'I am not capable,' 'I cannot understand.' Say another prayer, another affirmation. Ask the Father:*

Lord, that which I cannot do,  
may You do it in me.

Lord, that which I am not capable of doing,  
may You be capable of doing it in me.

Lord, in that which I cannot understand,  
may Your Hand tear the veils of my consciousness  
so that I can see, feel and experience You  
in the immensity of Divine Creation.

Lord, in the face of my limitations,  
may Your unlimitedness present itself.

In the face of my barriers,  
may Your Eternal Time show me the Truth,

May Your Voice awaken me from my dream  
because I do not want to continue to sleep,  
I need to awaken, rise and live Your full Will.

Amen.

*Let this be your prayer."*