## Friday, January 13, 2023

## WEEKLY MESSAGE OF SAINT JOSEPH, TRANSMITTED AT MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRASIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS

May your heart always be in God.

While your mind thinks, your body reacts, your emotions are emanated; may your heart always be in God.

While your eyes see the world and its agony, while your soul suffers and grows through each trial; may your heart always be in God.

Before the miseries and a lack of human control, before the actions of a lost humanity; may your heart always be in God.

While the mud emerges from your inner abysses and the same happens with each one of your brothers and sisters; may your heart always be in God.

In what seems to be a defeat or seems to be a victory, in this world where illusion permeates the consciousnesses of beings; may your heart always be in God.

And how will you be in God, child?

With a thought that rises from within, when you say: "Father, may my heart be in Your Heart".

Taking a little time to make a simple and honest prayer, although everything may seem well and in balance. May at this moment your mouth proclaim: "My Father, may my heart be in Your Heart".

When you are before temptations, remember where your heart should be, and just ask with sincerity: "My Father, may my heart be in Your Heart".

Thus, with a very small movement from your being, the Father, who is always attentive to the supplications of His Children, will snatch you away from your abysses and conduct you to His Heart. Stay there, where there is wisdom and discernment, peace and calm, restoration for wounded spirits; where Love is renewed.

Learn, child, to always stay in God. And if you don't know how to do this, just pray: "My Father, may my heart be in Your Heart".

You have My blessing for this.

Your father and friend.

The Most Chaste Saint Joseph.