

## Monday, May 5 of 2014

## APPARITION OF THE GLORIFIED CHRIST JESUS IN THE CITY OF LISBON, PORTUGAL, TRANSMITTED TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN, DURING THE 10th MARATHON OF DIVINE MERCY

Today My Heart blesses Portugal, Spain, and Norway, because I know that My Most Sacred Heart still has to save many souls that are on different planes of consciousness.

Thus, I ask that you continue to pray from your heart; in this way, you will attract the universe of My Divine Mercy into your lives, the infinite ocean of My Love and of My Pity, which I want to pour out upon all of you and especially throughout the world.

Open your hearts so that I may satiate My thirst in the spring of your infinite love for Me; in this way, you will be able to help Me, dear companions, so that My Plans here in Europe may also be accomplished.

Today I come to bring you a Message of peace and of reconciliation from Heaven. And in the name of Your Most Holy Mother Mary, upon you I pour out the Grace that My Heart achieved when I experienced the Cross and the Passion for you.

For this reason, I come to free you from your intense Calvary. With My Hands, I come to withdraw the chains of damnation. I come to remove you from the prison in which you live.

Thus, calm your hearts in My Heart. Let only My Voice reverberate in your essences so that I can walk by your side, show you the way out and the path of trust in God.

When I gather you together to pray with Me, through the Prayer of Mercy, it is so that together, we can fulfill the purpose, which is to say, the Will of the Eternal Father, which He proposes for this time in Europe.

Your hearts have already walked through the instruction. You have received all the teachings you needed in these times. Now is the moment to risk a little more and cross the threshold to My Eternal Heart; in this way, I will be able to tell you what it is that I most want from you on this path that I propose toward simplicity and humility.

If your hearts are weary, then rest in My Heart. If your feet are already hurting from walking so much, let your feet rest within My Heart, within My Path of Light and of Peace.

Rest your beings within My Being and I will strengthen you and encourage you to continue forward on this Christic Path.

I promise you nothing for this time on Earth. Happiness is what I promise you after this life. But for this to be able to happen, My friends, suffering must exist so that the suffering of the world may be relieved: suffering for love, suffering for freedom, suffering that will bring hope for those that have none.



But I know that very few dare to live suffering, because it is not the suffering you know. It will not be necessary that you experience the suffering I lived for you.

My Divine Mercy comes to announce the time of liberation, the complete healing of your wounds and the moment of great hope for all.

Month by month, Heaven draws closer through My Heart. The Father is presented through My Eternal Spirit.

I hope that you can understand the magnitude of this Grace, through the simple act of Communion with Me. If you commune with Me for all of humanity, everything will have been said, My companions, and the world will be able to be freed from what it suffers.

I not only hope to gather you together in this time, but rather all those who still do not follow Me. Thus, the effort will be greater for everybody. But everything will be rewarded in the Eternal Heaven through eternal life, through unity with Me in a perpetual and loving way, the joy you will experience after this life for having served the Eternal God and His Project of Love and of Redemption.

But there is still much to be done, My friends. In your hands, firmly hold the torch of Light and of Peace.

Let the hearts that suffer and have fallen be able to see engraved in themselves the banner of peace and of union you have had with Me in this time. A precious time for all souls, a special intersession that My Heart grants the world with a single goal, that all may return to God, may seek God and no longer offend Him; but rather, gladden your hearts in God, that you glorify Him and honor Him for all eternity and for those that do not do this in this time. If your hearts glorify the Father, when other hearts are able to wake up, they too will glorify God.

In the name of the Authority of the Father, the Son and the Holy Spirit, I bless and consecrate the bread and the wine, visible signs of reparation in God, of the union of souls with the Eternal Universe through His preferred and beloved Son, Who spilled Blood and Water for the world, generating for all of humanity freedom from sin, and reconciliation of all the beings of the Earth with the Eternal Father through His Most Sacred Heart of Love.

For the blessing of this day and the opportunity to be here, in Portugal, prepare your hearts for tomorrow. The flame of the heart should already be lit so that the sparks of light, which will be radiated by your deep love, be able to expand throughout the world and reach the souls most in need.

All of this and more is possible through the prayer of the heart.

I thank you.

Go in peace.

Let us glorify God.

In the name of the Father, the Son and the Holy Spirit. Amen.