

**Friday, May 26, 2017**

**WEEKLY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE CITY OF LISBON, PORTUGAL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Keep your small heart in God and only give thanks to the Father for so many gifts given to you and, through you, to all humanity.

Through prayer, perpetuate the states of peace within you and become an Instrument of God in the world, transforming chaos and human confusion, sublimating the atmosphere with the spirit of love.

Child, the simple fact of being grateful will elevate you to new horizons, without you realizing it. Allow your heart to be meek and silent, to feel the peace that is expanded within you through the presence of God.

If something disturbs or afflicts you, take a deep breath, concentrate your mind and heart on the moment you had God before your spirit and allow that omnipresent and omni-encompassing Divine Consciousness to again embrace your being so as to give you peace back. Do it for the good of humanity.

The states of peace elevate the human consciousness to unknown spaces and dimensions. Through these inner states, you are able to understand unexplainable mysteries, enter spiritual and divine precincts, and receive from God that which He hopes to deliver to humanity: His legacy of Love and Unity.

The simple fact of opening your heart to the spirit of peace and trusting in God is already a great service to the whole human consciousness; a true but invisible service; a broad service, without limits, without borders, without directions.

When a heart is capable of opening itself to feel the Peace of God, all humanity receives this opportunity. Therefore, child, just allow the peace to be expanded within you, and that the Molecule of God that touched your heart may find space within you to transform, heal, and sublimate your little consciousness.

This great mystery of finding God is one of the mysteries that is kept in the act of praying. This is one of the paths that are opened when the human heart prays. Allow your spirit to discover how many other possibilities there are to live through the praying word. Immerse yourself in this mystery that is opened with such a simple door and that sometimes silently leads you to the triumph of the Heart of God.

For being so simple, the enemy of God does not know the power of prayer; but there are also many human beings who do not know it. So bear witness of your life, of the Grace that descends upon you when you pray. Do this just by praying and allowing yourself to be transformed. Become a server in silence, who speaks with examples and with your presence, who is full of God, because He dwells in the heart that prays.

He who prays with you, when you pray with your heart.

Your Father and Friend,

The Most Chaste Saint Joseph

*[\*] Saint Joseph refers to the experience that Mary made us live on May 25, 2017, in which She led us to the heavenly dimensions, so that we would be before the Consciousness of Adonai for an instant and receive from Him a small particle of Light that came from His Consciousness.*