## **Tuesday, July 26, 2016**

## DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, TO THE VISIONARY SISTER LUCÍA DE JESÚS

My child,

Be true and transparent first with yourself and then in everything. Allow your consciousness to face the truth without fear and without the need to hide what you see or to appear to be something different from what you have found within yourself.

Look at yourself more than in a mirror; look into the depths of your inner world, recognizing there the fears, the difficulties, what should be transformed, healed, forgiven, freed. Also see the virtues, the gifts, what should be stimulated, nourished; what should grow spiritually, even though in silence and in anonymity.

Face the truth about yourself to eradicate the lie from your consciousness, and thus, help humanity. Overcome the need to appear as something, to please, to conquer, to convince, to manipulate; because all this, child, is part of an ancient lie that prevents humanity from finding the Truth.

When human beings do not know themselves and increasingly move away from the truth about themselves, they also move away from God, from the universe, from reality; for this reason, child, in these times, being true to yourself and the world is a great service.

Be an example for those who are lost from themselves; an example of a heart that found itself and did not fear seeing itself exactly as it is, both in misery as well as in virtue, to thus transcend the miseries and simplify the virtues, knowing that everything you are is part of a lesson, of an experience that takes you to something greater: to the Consciousness of God.

When the being is before itself with simplicity, neither do miseries haunt them nor do their virtues bring them vanity, because they know that the path is to be nothing, in order to find a truth even deeper than the one found when they overcame the ancient lie that involved them.

Child, walk toward the truth without fear and, transcending one illusion after another, discover that the truth lies in the emptiness of self, where nothing becomes everything.

Your father and friend,

The Most Chaste Saint Joseph