## Sunday, February 24, 2019

DAILY MESSAGE OF THE GLORIFIED CHRIST JESUS, TRANSMITTED IN THE MARIAN CENTER OF AURORA, PAYSANDÚ, URUGUAY, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS

Silence is capable of transcending and elevating the whole human condition.

Silence is the mirror that shows us the condition of our inner self.

In silence, we achieve union with the divine, and thus, we bring more wisdom to our souls.

Noise is the opposite of silence, because, in noise, the soul is more prone to distraction and lack of attention.

In silence we communicate with our inner self, we clearly know what it is that it needs and what moment it is facing.

In silence we concentrate better, we elevate the concrete thought and open the way so that the divine may approach our consciousness.

Silence is the great seed of peace because in silence there is no struggle when the mind is calm and obedient to commands.

In silence, the consciousness is vitalized, it finds, again and again, the path that strengthens it: faith.

In silence, there is more awareness of reality than in more than hundreds of words.

Silence is healing, it is alignment and it is overcoming illusions and desires.

A fast of silence ennobles the spirit and frees the soul from its oppressions because silence is and will be the bridge that will unite us to the primordial Source of God.

Silence is not indifferent, it is not mutism, it is not omission.

Silence is capable of speaking and of proceeding in any emergency, but in these cases, silence in itself will already be more mature.

I thank you for keeping My Words in your heart!

Who blesses you,

Your Master, Christ Jesus