



**Sunday, July 19 of 2020**

**APPARITION OF SAINT JOSEPH IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL,  
TO THE VISIONARY SISTER LUCÍA DE JESÚS**

In the name of the Father, the Son and the Holy Spirit. Amen.

Today I bring you the Reliquary of My Heart, a spiritual and divine Reliquary that contains within itself the path that I have trodden since I emerged as an essence from the Heart of God.

May this Sacred Reliquary be like a door for you, an entryway to the Celestial Kingdom through humility, yielding, surrender and, above all, children, renunciation, a gift that elevates you and brings you close to God, as it drew My Heart close throughout the course of time.

Today, contemplate within yourselves, the Reliquary of My Heart, not just to look at it, but also to enter into it, to discover what is held beyond this humble Heart that comes to the world, simply to be a bridge.

Close your eyes and see in front of you a Heart that beats within a Reliquary of wood, which signifies the humility of the one that was molded by the Creator throughout the course of time.

See how this Heart opens into a great light that embraces you, envelopes you and carries you into a new reality. Cross this light and, beyond it, find infinity.

Just for an instant, allow yourselves to live as essences, and not as human beings; let your essences feel and live this experience.

Let your body dissolve, for an instant, into the infinity of this celestial universe; here, contemplate the stars, the galaxies, the suns, the universes, and allow yourselves to go beyond.

There is a great Light, there is a perfect Source that, like a magnet, calls for you to return. Feel yourselves drawn to it and enter into it; feel this white brilliant Light that pulsates in a deep silence, that envelopes all Creation, a silence more powerful than all words and all sounds. From this silence comes sound, from this Source emerges the Word. Allow yourselves to be in the Heart of God.

Within this great Light, contemplate an altar. Perceive the angels, the archangels and the choirs of the blessed, that with their spirits sing a sound, which can be heard with the spirit.

The angels, prostrate before the altar, adore Creation, finding in it all types of life that manifest on this planet and manifests in other worlds, beyond the Earth, in other universes, in other evolutions.

Feel yourselves as small as nothing and, at the same time, children, experience being alive in everything. Feel the Kingdom of God. Let each cell, each atom, experience this Kingdom, and discover it within itself.



Now begin to feel how this Kingdom expands from the inside out. As if within your hearts there were a great explosion of light taking place. And that Light, which you contemplate in infinity, manifests within you. In it exists all attributes, all gifts, all virtues. In it is all of Creation.

Feel, children, how God manifests within and outside of you. Feel all of life in your essence, each creature, each being, each essence.

That which you manifest as a group is like a great infinity, in which each consciousness is represented through the particles of light that live within your atoms. Understand unity in this way.

The Celestial Church, children, is not a construction that floats in infinity, in the Celestial Universe. The Celestial Church is this inner temple, where Creation is recreated, time after time.

The Celestial Church is what I reveal to you today: this Kingdom that dwells within you and which is called "Temple", so that you may understand that which is Sacred.

What I bring you today must not be understood with the mind, it must not be felt with your emotions, but rather experienced by your essences.

In this Kingdom is held all of life. Within you is held all of life. For this reason, understand that in this same way, My Heart beats in your hearts, and your hearts beat in Mine.

The time has come for humanity to understand the unity that justifies their existence, that reveals their purpose, and that is not only life on Earth, but a unity with all life.

I have already told you all these things many times; in many ways, I have brought you this Kingdom. But today, children, I place you within It. I reveal to you that this Kingdom lives within you so that you may remain in it, in Its revelation, all the time.

Many seek universal realities and many cling to the reality of Earth. Many aspire to a higher knowledge and want to know more, want to meet the life that manifests in the universe, like in the interior of the Earth and upon all the planets. And others cling to what they know about the Earth, they believe that the Kingdom of God is just this life.

And ignorance manifests in those two ways, because universal life goes beyond everything that you understand, in the same way as life on Earth.

The time has come to transcend matter, the matter that dwells in the universe, like this that dwells on Earth, because otherwise, you will not be able to manifest the Kingdom of God, live It or be It, because that is your spiritual mission, for this you were created, for more than a dialogue with God. Your mission is not just to listen to the Voice of the Creator, but to live It, recreate His Creation, experiencing His Presence within you.

The time is already arriving, when all the illusion experienced by humanity will fall apart. And it will be in that moment, children, that the memory of My words must emerge within you, must transcend the human condition, the mind, the understanding, the feelings; it must dissolve them in the revelation of the Divine Presence.



What dwells within you, not even the angels and archangels can live, this is why you must not cling to the things of the world, not cling to everything you lived in the universe before coming to the world, because everything was a lesson so that you could get here.

I do not want to diminish existence with what I tell you today, but I want to lead you into a profound spiritual experience, so that you can experience something that goes beyond, something that you have not lived at any moment in your evolution, but that time will arrive to be experienced, and that time is not far away.

In this time of the planet, these two realities confront one another. The human condition seems to be more real than ever and beings experience that battle, many times without understanding it.

The Universe of God, His Celestial Kingdom, pushes from the inside out and aspires to manifest, and your human condition resists and tries not to break, and affirms itself in all the spaces of the consciousness that it can reach: in matter, in mind, in feelings, the body, the consciousness and the subconscious.

As much as that has strength, it has no power. Power comes from spirit, a spirit that shouts and expands within you. Listen, children, this crying comes from the essence. Let this force that recreates Creation reveal itself, manifest itself.

Everything that I am telling you is achieved through three keys, which in truth are one: humility, renunciation and surrender.

Through humility, all doors will be opened for you, so that you not only understand all the sciences and be knowledgeable about all life, but you will also be able to go beyond that and live the revelation of the Divine Presence, of the human purpose.

Through renunciation, you will be free of yourselves, of all human concepts, of all your wills and aspirations, and your most spiritual goals; empty of all that which you believe you know, of all that which you believe you have gained as experience.

Through surrender, everything will be accomplished, because you will be like that essence suspended in infinity, like in the infinity within yourself. You will love the nothing and you will discover everything in the Heart of your Creator. Everything I tell you today, I can say, because I experienced this, little by little, step by step, throughout My evolution.

Your challenge today is to live it intensely, in this end of times, in an accelerated way, intense, and you are ready for that.

Just like all of life, My Heart will beat within you, all My instructions will resonate in this great silence that holds, not only all sound, but also all wisdom. For this reason, children, look for that within yourselves, in prayer, whenever you need it.



When you feel that matter is struggling against the spirit, and your human condition seems to have more strength than your essences, simply become silent and look within yourselves for that source of life. Place your forehead upon the ground and cry out to God so that He may manifest from the inside out, and from the outside inward, encompassing all the spaces, defeating all battles, revealing His triumph within your lives.

Do not seek to understand what I tell you, but experience it. Contemplating the Reliquary of My Heart, you will always find this doorway that will allow you to remember everything I told you so that you may experience it.

The Reliquary of My Heart is not an object that you will contemplate without understanding. The Reliquary of My Heart is simply a symbol that allows your matter to remember spiritual life through the senses.

Through your eyes, you will open a window so that your essences may again find God, contemplating the Reliquary of My Heart. It is a profound science, which is not explained with the mind, but you will be able to experience it each time that you open your heart. For this reason, when you are before the Reliquary, simply remain in silence. Feel that, through your eyes, your essences can contemplate a path and journey with it.

I could be by your side, all day, telling you about all the things I have learned, but I want you to learn to find Me within you, in the same way with Christ, with the Virgin Mary, with God Himself and all His creatures.

The time has come for a more profound cycle and I warn you that, in the same way that this cycle is profound, your battles will also be profound and inexplicable.

Many times it will seem as if you have heard no instruction from the Hierarchy, and mundane life will express within you with all its strength. Observe this, perceive it, and return to the point of meeting with God within yourselves until, little by little, and with a great deal of effort, that battle may be won by the Creator within you.

Understand each other's tests, understand your weaknesses, but do not justify them through the human condition.

Help each other, remind each other that spiritual life dwells within. Elevate to the Heart of God. Remember that you are preparing the return of His Son to the world. Place your consciousness in that.

With My presence and My words, I bless all these elements on the Altar and I tell you that, in the same way that the Divine Messengers bless each sacred object, the priests also have the authority to do this.

All the gifts and promises that manifest in these objects, as a divine gift for souls, will manifest in the same way when the priests unite Heaven and Earth to bless you from the heart. For this reason, trust that all the medallions and all the sacred objects that will manifest over time will be carriers of Grace and of the divine promise, for all souls.



Bring the altar here with the elements for the Consecration of the Eucharist.

Friar Zeferias.

Consecrating this Eucharist in My Presence, pray for all the priests of the world, so that the Kingdom of God in them may manifest always.

*Friar Zeferias: On that night, when Our Lord celebrated the Last Supper with His disciples and apostles, He took the bread and elevated it to the Heavens, giving thanks to God for the sacrifice He would live for all of us, and the Eternal Father blessed the bread, transforming it into the Body of Christ. Jesus then broke the bread and gave it to His disciples, saying to them: "Take and all eat of it, for this is My Body, which will be given up for you."*

*We praise You, Lord, and we bless You.*

*We praise You, Lord, and we bless You.*

*We praise You, Lord, and we bless You. Amen.*

*In the same way, Jesus took the Chalice in His Hands and raised it to the Heavens, and then passed it on to His disciples, saying to them: "Take and all drink of it, for this is the Chalice of My Blood, the Blood of the new and eternal Covenant, which will be poured out for you, for your salvation, redemption and remission of all faults. Do this in remembrance of Me until the end of times, when I am to return to this world."*

*We praise You, Lord, and we bless You.*

*We praise You, Lord, and we bless You.*

*We praise You, Lord, and we bless You. Amen.*

*Let us all together speak the prayer that the Lord taught us, uniting with this holy Communion with His Body and His Blood.*

*Our Father (in Portuguese)*

*Behold, here is the Body and the Blood of Christ, the Lamb of God, that removes the sins from the world.*

*Blessed are they who are part of this Supper of the Lord, because death will no longer touch them and they will know eternal life. Amen.*

*May the Peace and the Mercy of Christ descend to Earth!*

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*Lord, I am not worthy that you should enter under my roof,*

*but only say the word and I shall be healed.*

*Amen.*

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We sound the bell three times, announcing the spiritual Communion of all souls with Christ.

Let the Eucharist be your sustenance and remind you, every day, of the true reason for your



existence. In this way, children, the triumph of God will manifest in your lives.

Remember My words and all I have told you throughout the course of these years, and remember to find Me within you. I will be with you all the time. Receive My blessing and My peace, which will resonate within you throughout the centuries and into eternity.

In the name of the Father, the Son and the Holy Spirit. Amen.

And to bid farewell, you will sing a song that will remind you that you must continue to sow love and the good within humanity.

Do not forget that I once requested that you never remain with resentment in your hearts, but that you forgive each other, be reconciled with each other, serve one another and let the world know the freedom that lies within asking for forgiveness, and loving one another as God loves you, so that peace may reign in all nations, so that good may reign in all families, and so that the Heart of God may triumph in all His children.

You will end this day by celebrating and sowing love in all of humanity, in all the Kingdoms and in the whole planet. I thank you.

***Sister Lucía de Jesús: Let us sing in Spanish, "Sowing Love in Humanity."***