Saturday, July 11 of 2020

DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS

To reach the Heart of God, you do not need great science and deep philosophies, you do not need formulas or even eternal practices. What you need, child, is a sincere heart, pure and redeemed in front of the Father.

All spiritual practices and exercises will forge a transformation for your consciousness within you, and they will allow you to remain in union with the Creator, and may this not be for just an instant, but rather become a permanent state of consciousness.

But to touch the Heart of God, to feel It and know It, you only need a sincere heart that is willing to come to the Father in confession, in adoration, in communion and in surrender. To feel Him, experience within yourself what He really is, and in coming to know God, also come to know yourself.

For this reason, before anything else, and even though you may not have the strength or inspiration, simply be with a sincere heart before the Creator, simply be with a surrendered heart at His Altar. Place yourself as an offering at His Feet and let Him make Himself felt. In the Divine Presence, everything in your life will regain its meaning, your efforts will be of value and their weight will be less, because the Love of God within you will speak louder; your battles will be light, not because they will be easier, but because your heart is no longer loose within the winds of darkness, but anchored in the Presence of God, from where no wind will be able to remove you.

Everything begins, child, with confession, yielding, surrender, adoration, and thus a perfect communion with God. And this can happen in silence, in spiritual joy, in the profound mourning of the soul, in prayer or in adoration, in your own life. You only need a sincere heart.

You have My blessing for this.

The Most Chaste Saint Joseph