

**Wednesday, July 1, 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

When the soul looks up toward Heaven, it strengthens its own spirit, its own faith, it recovers its most pure aspirations, and renews its vows with God. But when it turns its eyes toward the Earth, it loses its hope, it finds itself in what it believes to be reality, and it cannot manage to perceive within itself, or within a fellow being, the way of manifesting the sacred that awaits in infinity. The soul seeks strength, prays and asks for the Grace to know how to achieve that which it contemplates in the universe.

And today I tell you, children, that when you begin to look not only toward Heaven, but also at what you really are, you will discover that matter and infinity unite in the human consciousness. Clay and spirit become one when beings awaken to what they are, and it will not be necessary to die in order to rise up into eternity; rather, you will be able to discover true life and eternity within yourselves; a gift revealed to the hearts that pray, that worship, and that does not enclose divine truth within the mind nor in what has already been said, because in spite of all that has already been said, very little was understood and experienced.

For this reason, seek the sacred within yourselves. Do not look for it only while you pray, yet look to communicate with it while you live.

You have My blessing for this.

The Most Chaste Saint Joseph