

Monday, June 8, 2020

DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS

XXX - Impulses to Be and Remain in God

A soul, that felt disturbed for not being able to refrain the flow of their thoughts when praying, questioned the Lord, saying: "Lord, when I stop to be before You and pray, my thoughts continue to be stirred, the words of my prayer are confused with the incessant words of my mind, and I do not find peace. God, how can I purify my thoughts to be in peace before You?"

And the Lord responded: "Little soul, your mind is a mirror of everything you receive and consume from the world. That which you have contact with throughout your day is that which will be in your thoughts when the time comes to pray. For you to achieve peace, there is no formula, but an attitude that must be transformed within you, a decision to no longer seek certain things that only pollute your mind and take up space within your heart.

If you do the opposite, and instead of nourishing your mind with the things of the world, you nourish it with the things of Heaven, you will see how prayer will be for you a moment of inner deepening, and not of eternal and constant self-transmutation. But for this, you must choose to think and feel correctly, to cut the degenerative thoughts, stop before the impulses that will lead you into darkness and always choose to be in Me and think about what leads you toward My Heart."

May this dialogue, children, teach you how to be in God and remain in Him, building your moment of prayer at each instant of your day, through small choices.

You have My blessing for this.

The Most Chaste Saint Joseph