



**Wednesday, June 3 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

### **XXV - To Live in Balance**

A soul that felt disturbed by their uncontrolled inner world, their sick body, their imbalanced mind, felt that their problems could no longer have a solution, and they questioned God, saying: "Lord, I am a well of illnesses and miseries, a well of imperfection and difficulty. I feel there is no solution for me, I feel that I do not have a reason to live. Can You tell me what sense there is in remaining like this?"

And after a long time in silence, the Lord responded: "Beloved soul, the solutions of Heaven are not the same as the ones of the Earth. Everything that you seem to suffer without end is in truth already the response for balancing something within you that needed to be balanced. The illnesses that beings experience in truth, have innumerable reasons and meanings, but all of them seek to awaken the sense of human frailty so that souls do not remain in self-sufficiency but rather perceive that only when there is unity with all life, there will be healing.

A body will only be in balance when all its systems function in unity, and if the smallest of its cells feels self-sufficient and begins to build its own plan within the body, there will be imbalance and illness; however a cell may be, a being can come to death simply through its rebelliousness.

When a soul is ill, they need to understand themselves to be a part of an All. To return to their balance, to be healed, they must be sheltered by the power of unity; they must let love and the help of the neighbor supply that which on its own the soul is no longer managing to achieve; they must allow unity with life, with the universes, with God to again reign within their heart. May this soul must not feel alone, isolated or separate from a greater body.

Each being, little soul, is a cell of the Mystical Body of your Lord and God. For this reason, you must perceive the flow of the laws, the meaning of life, which is not one's own, but rather a universal meaning. Each cell has its function but the purpose of a body is one. For this reason, beloved soul, do not seek a personal purpose; seek the purpose of the Universe, seek your place in My Heart. In consciousness, enter the space where you belong, within this infinite Body of Creation, and this is achieved with humility, allowing oneself to be helped, with peace and with profound rendition, the fruit of a heart that has learned to sincerely pray."

May this dialogue, children, teach you to always be in balance within the Mystical Body of your Creator.

You have My blessing for this.

The Most Chaste Saint Joseph