

**Thursday, November 28, 2019**

**DAILY MESSAGE OF THE GLORIFIED CHRIST JESUS, TRANSMITTED IN MENDOZA, ARGENTINA,  
TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS**

Always prostrate upon the ground so that you may recognize the dignity of God within you.

Always prostrate upon the ground so that in the absolute void you may be filled by the whole, by that which stems from a non-material Source.

Always prostrate upon the ground so that you may learn about repentance and so that your spiritual ego may surrender.

Always prostrate upon the ground, just as your Lord prostrated in the Garden of Gethsemane. Thus you will learn to find the path of humility in that which is most simple.

Always prostrate upon the ground so that your consciousness and cells never forget that something higher exists, which is coming to assist.

Prostrate upon the ground, so that every day you can recognize the inner Christ within you, so that your soul may be ruled by the great and powerful Spirit.

Prostrate upon the ground so that you can discover that the redemption of your being is during this cycle.

Prostrate upon the ground each time you see the divine Body and the precious Blood of your Lord elevate to Heaven, because this will be the sign that you before an eternal Grace.

Prostrate upon the ground each time you see the divine Body and the precious Blood of your Lord elevated to Heaven, because this will be the sign that you are in front of an eternal Grace.

Prostrate upon the ground so that you may always learn to say "yes" to the infinite and, with confidence, you may recognize that you are a part of something greater.

Prostrate upon the ground so that your resistances may break like chains and you may be freed from yourself forever.

Prostrate upon the ground to experience and accept My merciful Love.

I thank you for keeping My Words in your hearts!

Who blesses you,

Your Master and Lord, Christ Jesus