

**Monday, December 19, 2011**

**DAILY MESSAGE OF MARY, MOTHER OF THE DIVINE CONCEPTION OF THE TRINITY,  
TRANSMITTED TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN**

Dear children,

May the infinite compassion of My Son strengthen your hearts so that they may walk in life towards God the Father. Today I call you to reflection by means of the exercise of prayer.

My little ones, in this time we must uplift humanity and the souls through contemplative prayer. Today, My little children, I teach you how you must contemplate:

First, by giving your heart to the Lord;

Second, by opening the merciful source of prayer;

Third, by praying with compassion and piety for all your brothers and sisters.

In this exercise, I assure you, My little ones, that your hearts will be deepening in union with God through a prayer that will alleviate the sorrows of the world.

Your hearts are participants of My Maternal Presence. For this reason I invite you to live within My Immaculate Heart. In this Kingdom that belongs to God, your souls will find shelter, protection and renovation of life.

The Lord, in His Immense Grace, wants to renovate your hearts so that in this last cycle of the world, they may live life by means of a true communion with Christ. You, My little hearts, must love each moment of the encounter with My glorified and kind Son. There, in this supper that each day you shall celebrate, you will be able to drink from His wonders, and you will be able to eat in humility from the compassion and from the Mercy that His Most Holy Heart will be radiating to you.

The moment has come for that which John the Apostle wrote as a message, to be fulfilled as Good News in all the hearts of the world.

The Lady Clothed with the Sun brings the stars of Light, stars of the Father, those which redeem the world. For this, My dear ones, the hearts must open their inner treasures that in some children still remain closed. Opening the heart, the Heavens will open themselves to the souls that may want to recognize them.

Let us pray for the relief of the suffering that many of My children live daily.

Run all of you towards My Immaculate Heart, My Light will guide you.

Who loves you,

Mary, Mother of the Divine Conception of the Trinity