



**Wednesday, September 18 of 2019**

**DAILY MESSAGE OF THE GLORIFIED CHRIST JESUS, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN DE JESÚS**

Sometimes, going through the doorway of humility means bowing your head so that, completely bowed down, you can enter into My Kingdom. This state is achieved with great and deep humility, which will allow you to always recognize that you are nothing and your life and consciousness belong to God.

But in order to reach this point of resignation and of surrender, what will always allow you to experience humility will be your allowing, in silence, for the events to be presented and not rushing over them, trying to gain or be right about something.

Neutrality is an important ally of humility, but neutrality does not mean omission nor indifference. To experience neutrality, humility is necessary, and absolute trust that everything that happens to you on the path of redemption is to renew you and take away the obstacles and constant resistances of the human aspect.

Thus, in this moment, seek to know how humility is within you and how much attention you pay to it so that it can, with its wisdom, govern you and make you a real disciple of Mine.

Begin by aspiring to be humble in the small actions of life and accept everything the Universe sends to you as an opportunity for truly loving by means of service and willingness.

I thank you for keeping My Words in your heart!

Who blesses you,

Your Master and Lord, Christ Jesus

*On September 18, 2019, after this daily Message, our Lord presented us with a new spiritual exercise that He called: "Rosary of the Humility of Christ."*

*He invites each one of us to do this Rosary daily, or in those moments when we most need it, when we most need to seek and find, within ourselves, the connection with the spirit of His holy Humility.*

*For this, He transmitted this Rosary in the following way:*

*At the union bead, we will pray:*

Lord, make me an instrument of Your Peace  
so that Holy Humility may dwell within me  
and thus your Divine Will may be fulfilled.

Amen.



*At each decade*

Spirit of the Humility of Christ,  
dwell within me.

Amen.