

**Thursday, August 1, 2019**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, PAYSANDÚ, URUGUAY, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

In spite of all the purification that you experience within yourself, and the purification that you see happening in the world, contemplate this cycle with gratitude.

In spite of the chaos, the anguish and sometimes the fear in these times, within and outside of beings, contemplate this cycle with gratitude.

In spite of sometimes not knowing what to do with what you feel or think, not knowing how to proceed or escape from yourself, contemplate this cycle with gratitude.

Let gratitude, child, elevate you during the purifications of life. Let gratitude elevate you in the face of the situations of the world. Let gratitude place you in a degree of love, in the face of suffering, just as your Lord was while expiring on the Cross.

Let gratitude allow you to see this cycle as the announcement of a new time, as the dawn of a new day.

Let gratitude show you that you are being purified in order to reach Truth. There are layers that are breaking up within you so that you may reach your essence and be able to see who you really are.

Let gratitude lead you to God.

I have spoken to you so many times about gratitude and I will never stop presenting this Divine Gift because it is through it that you will overcome these times, it is through it that you will assist the world, it is through it that you will return to God.

Your Father and Friend,

The Most Chaste Saint Joseph