

## Saturday, March 5 of 2016

## DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, TO THE VISIONARY SISTER LUCÍA DE JESÚS??????

To feel the pain of God in your own heart is more than suffering an inner or physical discomfort for a few moments. To feel the pain of God in your own heart is to take on affiliation with the Most High and to confirm yourself as a consciousness that is willing to live His Plan in the world, even if it means the suffering of the flesh and of everything that shapes the planetary human matter.

Children, humanity is so far from the aspiration to feel the pain of God in its heart, that those who are willing to balance the evils generated in the world throughout human existence will often suffer, not out of punishment, but because the distance from the matter created in the world, in relation to the true essence of what the creatures of Earth must be, causes this matter to be dense and coarse, and when it is transmuted - to generate the right balance - it causes pain and inner destabilization.

The Creator, in His Purity and His Infinite Love, is often, with His Son, willing to transmute the planetary situations Himself in Divine Hope that some human heart comes to be a triumph in the Kingdom of the Heavens.

Because He created humanity and placed in these little creatures a special union with His Divine Heart, each time a human being moves away from the purpose of the Father, His Heart suffers and receives a thorn of denial and indifference towards the Perfection He thought for this world.

One way to prevent God from suffering is to live every day, as you can, the principles that He thought for humanity. Everything that leads you to the experience of Absolute Love and unity with God and with others relieves the Heart of the Creator.

Therefore, dears, do not think that the ability to relieve the Heart of God is outside of your control, because in addition to all the offers you make to suffer with Him, in the name of humanity, you can also actively work towards fraternity, charity, love, prayer and above all towards forgetfulness of self.

This is the handbook for those who want to relieve the Heart of God.

The One who loves you and conducts you every day to the experience of Celestial Principles,

The Most Chaste Saint Joseph