## Monday, January 11, 2016

## DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, TO THE VISIONARY SISTER LUCÍA DE JESÚS????

Dear companions in Christ,

I know that many believe that we repeat the same words many times and ask themselves why we do this.

Could it not be because you still have not opened yourselves to the essence of learning and remain in the superficiality of understanding, but not in the depth of living? Could it be because you remain with the information inside your mind, believing that knowing is the same as being?

I come to talk about silence, that which is so little understood and lived by humanity, mostly in the West of the planet.

I come to talk to you about silence as a quest for emptiness and for the path to humility. I want you to understand silence as something that takes you out of yourselves and not something that makes you only think of yourselves.

The badly lived silence makes you selfish, full of judgments about the others and with a subtle feeling of superiority. This is a false silence, which shuts the mouth, but makes the mind and the lowest aspect of the being get out of control. This is a silence which is forced, a silence which oppresses, a silence which, starting from the lack of peace and being generated by forced and conflicted means, will never bring peace to the spirit and even less to the planet.

The silence that I mean is the one which the soul starts to seek when it does not find a way out for its imperfections and can no longer stand being with itself. For this reason it walks eagerly to elevation, to God who is the Word and, at the same time, the Silence itself, which supports all that was created in His mysterious sound without noise.

In these times of purification, silence will be a master key that, when combined with service and fraternal charity, will never allow you to lose the path.

In the midst of so many imperfections, which are at the same time so tangible and so illusory, the soul will only be able to get out of the confusion that envelops it, seeking silence, silencing the tumult of the inner expurgation, in order to live its own evolution in a way that is more peaceful and harmonious, conscious and effective.

You must not seek silence as muteness and think that everything is already solved. Silence is the means. Elevation is what encourages you. But the encounter with God is the true goal.

If you live silence with the intention of elevating yourselves in order to bring a little more peace to the world, you will help humanity to take its steps. And if, in addition to the silence, you live fraternal charity, you will know when words are necessary.

Speaking will become an act of charity. You will know the moment to laugh, to be sober, to encourage or to retreat, to give an opinion or to just watch.

I call you to seek balance for the love of the planet and not only for yourselves.

If you are already tired of your own abyss, try to be more silent as a permanent quest for God who hides Himself in His Creation.

If you still do not understand what I tell you today, try to live these words and to read them again after some time. You will see how the consciousness will find itself in another point of understanding.

Your Father and Instructor, Friend of the Silence that leads to God and shows the hearts the most profound necessities of the neighbor.

The Most Chaste Saint Joseph